

# DIFFERENTIAL ASSESSMENT Lumbar vs. SIJ vs. Hip

INSTRUCTOR: ROBERT C. RINKE, DC, PT

\$195.00

Contact hours: 8.0

## Course Description:

Thorough manual examination and differentiation of the lumbar spine, SI joint, and hip are featured in this course. This is a course on the specific examination and differentiation of this region only. Critical analysis and review of various manual examination procedures from different perspectives will be discussed. Participants in this course should have a basic understanding of the biomechanics of these areas and their interrelationships during function. Previous exposure to manual therapy course work pertaining to the low back region is also helpful. A brief lecture on anatomy and biomechanics relevant to the subject matter will be presented. The majority of the class will be hands-on experience. Specific provocation and alleviation scenarios will be presented.

## Course Objectives:

Upon completion of the course the participants will be able to:

- discuss relevant anatomical and biomechanical concerns as they relate to the examination and differentiation of this region.
- evaluate specific mobility of the lumbar spine, sacroiliac, and hip joints.
- discuss alternative examination techniques for the region.
- discuss scenarios for specific differentiation of the problematic structures in this area.
- demonstrate specific provocation and alleviation techniques for appropriate clinical decisionmaking regarding the structure at fault and requiring treatment.

## **SATURDAY 9am to 6pm**

9:00	Introduction; course overview
9:30	Anatomy, Biomechanics of the Region
10:30	Subjective Examination
11:00	Observation/Palpation
11:45	Provocation and Alleviation: example 1
12:30	Break
1:00	Provocation and Alleviation: examples 2, 3
2:30	Passive Movement Testing: Hip
3:15	Break
3:40	Passive Movement Testing: SIJ
4:50	Segmental Passive Movement Testing: lumbar flexion, extension, translation
6:00	Summary, questions